



**THE EXPERIENCE**

**JUST FOR YOU**

**Est. 2005**



**Who:** Camp Triumph is for children aged 8-16 who have a family member with a chronic or terminal illness or disability. To date more than 2,200 children have attended Camp Triumph from across Canada. We also offer a mentorship program for teens 17-18 who are interested in becoming a counsellor.

**What:** A residential summer camp providing opportunities for these children to experience new activities, relax, and have fun with children who can truly understand what they are going through.

**Where:** Malpeque, Prince Edward Island

**When:** Volunteer for one or more of the following sessions: Week 1: July 22-2      Week 3: Aug. 12-19      Leadership 1: July 19-29  
Week 2: July 29-Aug 5      Week 4: Aug. 19-26      Leadership 2: Aug. 9-19

**Why:** To provide children coping with chronic or terminal illness, or disability in their family an opportunity to have a week away full of fun. A chance to connect with other similar children. To try new things, building confidence, self-esteem, and develop positive coping strategies.

**Cost:** FREE of charge!

**Where kids with a sick family member GET TO BE KIDS AGAIN**

### What are we all about?

Camp Triumph is all about FUN! It gives kids a chance to build their confidence and self-esteem through engaging in activities in many areas including: games, sports (court and field), crafts, drama, music, kayaking, archery, beach games, swimming, high and low ropes challenge course, campfires, and the fan favourite olympics day.

The facilities include indoor areas for rainy day activities, bunks for sleeping (separate room from the campers), flush toilets and hot showers. The dining hall serves delicious, nutritious meals which takes advantage of food fresh from our own garden! Meal time is a time for nourishment and bonding with our theme meals and celebrations.

Campers connect and make fast friends with others who understand thriving through challenges. The staff are a huge part of enriching the experience and are amazing role-models. Many of our campers return each year to reconnect with friends and meet new ones.



### Why is it important?

Illness of one family member significantly affects the entire family, especially the children. We're helping children learn how to deal with, and overcome adversity, conflicting emotions and anxiety, while nurturing resiliency and maturity. With their unique experience, outlook on life, and with the help of our camp programs, these children can grow into the leaders of tomorrow. Many are well on their way.

Kids are observers. Parents may not realize exactly the affect these situations are having on them. We help to focus these difficult experiences in a positive light. These kids come to understand the realities of life from a young age, value it more, and put life in perspective.

Camp is open to children from across Atlantic Canada and beyond. We have had campers come from PEI, NB, NS, Newfoundland, Quebec, Ontario, Manitoba, and Alberta. There is nothing like this anywhere else in the country. We offer week long camps for a maximum of 70 campers each week, all attending for free.



Why is Camp Triumph important to you? How does Camp Triumph makes a difference to you?

Camp is a place I don't have to worry about anything and it is filled with amazing, caring people. It's a safe place and no one judges here.

### APPLY

[camptriumph.ca/applications](http://camptriumph.ca/applications)

### INQUIRE

[Info@camptriumph.ca](mailto:Info@camptriumph.ca)

### CONNECT



Why is Camp Triumph important to you? How does Camp Triumph makes a difference to you?

It makes me feel like the Important one.